WHAT IS CLAIMED IS:

1	1.	A method for obtaining approval of a mailing list campaign, comprising the
2	steps of:	
3		forwarding a proposed mailing list campaign sample to a list owner via a
4	computer netv	work;
5		determining if the list owner replies to the proposed mailing list campaign
5	sample; and	
7		implementing the mailing list campaign in accordance with the step of
8	determining.	
1	2.	The method of Claim 1, wherein the step of forwarding further comprises the
2	step of forward	arding the proposed mailing list campaign sample to the list owner via an
3	Internet.	
1	3.	The method of Claim 1, wherein the step of determining further comprises the
2	steps of:	
3		receiving a reply to the forwarded proposed mailing list campaign sample via
4	the network;	
5		determining if the list owner approved the proposed mailing list campaign.

1	4.	The method of Claim 3, wherein the step of implementing further comprises
2	the steps of:	
3		if the list owner approved the mailing list campaign, beginning the approved
4	mailing list campaign;	
5		if the list owner does not approve the mailing list campaign, canceling the
6	mailing list campaign.	
1	5.	The method of Claim 3, further including the step of forwarding a
2	confirmation	message to the list owner responsive to the reply.
1	6.	The method of Claim 1, wherein the step of implementing further comprises
2	the step of if	the list owner does not reply to the proposed mailing list campaign, canceling
3	the mailing li	st campaign.

1	7.	A method for obtaining approval of a mailing list campaign, comprising the
2	steps of:	
3		forwarding a first email to a list owner via an Internet including a proposed
4	mailing list campaign sample;	
5		receiving a second email from the list owner via the Internet indicating
6	approval or disapproval of the proposed mailing list campaign sample;	
7	·	determining if the list owner approved or disapproved the mailing list
8	campaign sample responsive to the second email; and	
9		implementing the mailing list campaign according to the determination.
1	8.	The method of Claim 7, wherein the step of implementing further comprises
2	the steps of:	
3		if the list owner approved the mailing list campaign, beginning the approved
4	mailing list ca	ampaign;
5		if the list owner does not approve the mailing list campaign, canceling the
6	mailing list ca	ampaign.
1	9.	The method of Claim 7, further including the step of forwarding a
2	confirmation	message to the list owner responsive to the reply.

- 1 10. The method of Claim 7, wherein the step of implementing further comprises
- 2 the step of if the list owner does not reply to the proposed mailing list campaign canceling
- 3 the mailing list campaign.

1	An apparatus for obtaining approval of a maining list campaign, comprising:	
2	a server providing interconnection with a network;	
3	a mailing campaign approval system associated with the server, said mailing	
4	campaign approval system configured to:	
5	forward a proposed mailing list campaign sample to a list owner via a	
6	computer network;	
7	determining if the list owner replies to the proposed mailing list	
8	campaign sample; and	
9	implementing the mailing list campaign in accordance with the step of	
10	determining.	
1	12. The apparatus of Claim 11, wherein the mailing list campaign approval	
2	system is further configured to forward the proposed mailing list campaign to the list owner	
3	via an Internet.	
1	13. The method of Claim 11, wherein the wherein the mailing list campaign	
2	approval system is further configured to:	
3	receive a reply to the forwarded proposed mailing list campaign sample via	
4	the network;	
5	determine if the list owner approved the proposed mailing list campaign	

- 1 14. The apparatus of Claim 13, wherein the mailing list campaign approval system is further configured to forward a confirmation message to the list owner responsive to the reply.
- 1 15. The apparatus of Claim 11, wherein the mailing list campaign approval system is further configured to cancel the mailing list campaign if the list owner does not reply to the proposed mailing list campaign.
- 1 16. The apparatus of Claim 11, wherein the mailing list campaign approval 2 system is further configured to:
- if the list owner approved the mailing list campaign, begin the approved mailing list campaign;
- if the list owner does not approve the mailing list campaign, cancel the mailing list campaign.

1	An apparatus for obtaining approval of a mailing list campaign, comprising:	
2	a server providing interconnection with a network;	
3	a mailing campaign approval system associated with the server, said mailing	
4	campaign approval system configured to:	
5	forward a first email to a list owner via an Internet including a	
6	proposed mailing list campaign sample;	
7	receive a second email from the list owner via the Internet indicating	
8	approval or disapproval of the proposed mailing list campaign sample;	
9	determine if the list owner approved or disapproved the mailing list	
10	campaign sample responsive to the second email; and	
11	implement the mailing list campaign according to the determination.	
1	18. The apparatus of Claim 17, wherein the mailing list campaign approval	
2	system is further configured to forward a confirmation message to the list owner responsive	
3	to the second email.	
1	19. The apparatus of Claim 17, wherein the mailing list campaign approval	
2	system is further configured to cancel the mailing list campaign if the list owner does not	
3	reply to the proposed mailing list campaign.	

- 1 20. The apparatus of Claim 17, wherein the mailing list campaign approval
- 2 system is further configured to:
- if the list owner approved the mailing list campaign, beginning the approved
- 4 mailing list campaign;
- if the list owner does not approve the mailing list campaign, canceling the
- 6 mailing list campaign.